Union Home Minister, Shri Amit Shah greeted the people on the occasion of International Yoga Day 2020

Yoga is not just a way to keep fit, but also a medium to maintain balance between body & mind, work & thoughts and also between human and nature - Amit Shah

Yoga has received global acceptance due to the tireless efforts of Prime Minister Narendra Modi - Amit Shah

New Delhi: June 21, 2020

The Union Home Minister, Shri Amit Shah greeted the people on the occasion of International Yoga Day today.

In his message, Shri Amit Shah has said ‘Yoga is much more than just a way of keeping ones body healthy. It is a medium to maintain balance between body and mind, work and thoughts and also between human and nature’.

The Union Home Minister further said that ‘Yoga is an unique gift of Indian culture to entire humanity. The world has adopted Yoga now, it received global acceptance due to the tireless efforts of Prime Minister, Shri Narendra Modi’.

Concluding his greetings on this occasion, Shri Amit Shah appealed to the people to make Yoga a part of their daily lives.

https://twitter.com/AmitShah/status/1274499822783877120?s=20

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